

Contents

1. Plant Life	3
2. Food and Health	7
3. Animal Life	11
4. The Skeletal System	15
5. The Nervous System	19
6. States of Matter	23
7. Force, Energy and Simple Machines	27
8. Rocks and Minerals	31
9. Soil Erosion and Conservation	35
10. Air and Water	39
11. The Moon and Eclipses	43
12. Natural Disasters	47
13. Our Environment	51
14. Safety and First Aid	55