

..... and find out eating which types of food will cause a person to put on extra weight. A grown-up could accompany the student in the diet, select a list of them and check whether they belong to the 'energy-giving' or 'body-building' food. Guide the students to understand that any type of food, whether energy-giving or body building, if consumed in excess of the body's requirement, is converted into fats that are stored in the body. The following link will help students to understand the concept better: <http://healthyeating.sfgate.com/happens-overconsume-protein-1269.html>

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T	6 Airforce	24 June 2026	Test # 1
Sc	Seven Star Senior Secondary Public School		

Q Given below is a list of habitats.
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forest, desert, ocean, mountains, rivers, ponds

In which of the habitats would you find plants?

- 1** only forest
- 2** only forest and mountains
- 3** only forest, desert and mountains
- 4** all - forest, desert, ocean, mountains, rivers and ponds

Critical | Habitats where plants are found

Correct Option: 4



Answer and Distracter Explanation:

Students are expected to understand that all the given habitats have all the conditions required for plants to grow. They should also understand that if there are animals found in these habitats then there is good chance of finding plants because many animals get their food from plants. There would be no animals if there are no plants in a given habitat.

Suggested Remedial Action:

Ask students to list down habitats where they think plants won't be found. Ask them to list down the living and non-living things found there and how the living things survive there, what they eat etc. Discuss with them if animals can survive if there are no plants. Guide them to the understanding that the animal kingdom depends on plants for food and would die if there were no plants.